## What is Citizenship Washington Focus?

A six-day program, conducted each summer at the National 4-H Center in suburban Washington, D.C., using the nation's capital as a living classroom.

As an experiential learning process, Citizenship Washington Focus (CWF) offers practical application of citizenship skills. Annually, more than 4,000 youth, 15 to 19 years old attend the week-long programs conducted from June through August.

Delegates explore government and history through field trips, and debate and simulate contemporary issues in workshops and learning games.

#### **Who Conducts CWF?**

National 4-H Council professional staff and CWF fellows—4-H alumni 20 to 25 years olds who serve as teachers and role models.

"Learning first-hand about 3.9 million homeless in America; the different attitudes in different regions of the country; and, the importance of education and a strong family unit help CWF delegates in community projects when they return home."

--Ronald G. Forsythe, Jr. Maryland

#### **More About CWF**

Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth from across the country. Every summer thousands of young people stay at the National 4-H Conference Center, near Washington, D.C., to participate in this week-long program. For 37 years, CWF has enriched young people's lives by providing opportunities for them to:

Broaden appreciation and practice respect for themselves and others in their world. Increase individual commitment to citizen involvement. Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. Practice fitness and have fun!

#### We will accomplish the above through:

A look behind the scenes in our nation's capital, and a chance to meet senators and representatives. Motivational speakers and workshops that increase individual commitment to citizen involvement. Workshops that build lifetime skills for success. Activities that encourage new and lasting friendships. An enthusiastic collegiate staff working daily with the youth. Fitness and fun!

Participants in Citizenship Washington Focus will have unique, exciting experiences that will lead to becoming "Better Citizens Today. Better Leaders Tomorrow". The Ruritan National boad of Directors approves Citizenship Washington Focus as a program with objectives and commitments to community service that parallel those of Ruritan National, and encourages each club to sponsor at least one delegate to the program each year.



### How Can Your Ruritan Club Support Citizenship Washington Focus?

Sponsor local youth as delegates to CWF by contacting the County Extension 4-H Office, or State 4-H Office.

You may be an individual sponsor or, your club may sponsor one or more youth. Full sponsorship is approximately \$300. Call your local extension agent today.

#### What is Ruritan National?

"America's Leading Community Service Organization."

Founded in 1928 in Holland, Virginia, Ruritan is a national community service/civic organization dedicated to making your community a better place in which to live and work through:

Promoting fellowship, goodwill, and community service among its members and the citizens of the community.

Unifying the efforts of individuals, organizations and institutions to better assist in meeting the community's needs.

Working to contribute to the progress of those agencies and organizations with which we interact.

Encouraging the idea of service as the basis of all worthy enterprise.

Creating better understanding between all people.

#### What is 4-H?

The informal youth education program of the land-grant universities and the Cooperative Extension Service, USDA. The mission of 4-H is to develop youth potential so they can make our communities better places to live.

"After seeing the real importance of citizenship while attending CWF, I decided that it was time I helped my community make some changes."

--Heather Easterday
CWF Delegate from Kansas

For more information, contact:

#### **Ruritan National**

P. O. Box 487 5451 Lyons Road Dublin, VA 24084 toll free (877) 787-8727 http://ruritan.org

#### Citizenship Washington Focus

National 4-H Council 7100 Connecticut Avenue Chevy Chase, MD 20815 (301) 961-2858 http://www.fourhcouncil.edu

#### **RURITAN NATIONAL**

"America's Leading Community Service Organization."





# RURITAN and 4-H





Community-based partners working together to build youth into responsible and informed citizens through a dynamic leadership program called ...

